

LE FORBAN



USER GUIDE

You are now the owner of a
Le Forban Sécurité Mer watch and
we thank you for your purchase.

These instructions will help you to fully
enjoy your new automatic watch.



Never forget to **completely screw down the crown** after setting the time in order to maintain the watch's water resistance. Push the crown towards the case, then, while maintaining pressure, screw it in a clockwise direction.

After any contact with salt water it is advisable to rinse your watch in clear water and dry it with a soft cloth.

Our watches cannot replace professional scuba diving measuring instruments.

HAND-WINDING



Your watch is automatic and winds itself thanks to the movements of your wrist. However, it is sometimes necessary to wind it manually if you haven't used it for a while.

- Fully unscrew the crown, turning anti-clockwise.
- When the crown is fully unscrewed, turn it 30 to 40 times in a clockwise direction to wind the movement.

SETTING THE TIME



To set the time, fully unscrew the crown then pull it out to the right.

Turn the crown to set the time.

ROTATING BEZEL



Your watch is fitted with a bidirectional internal diving bezel. It allows you to calculate the immersion time during scuba diving.

- Turn the crown at 2 o'clock to rotate the bezel.
- Place the mark (small triangle) on the departure time (to calculate a duration) or on the arrival time (to respect a time).