

LE FORBAN



USER GUIDE

You are now the owner of a
Le Forban Sécurité Mer watch and
we thank you for your purchase.

These instructions will help you to fully
enjoy your new automatic watch.



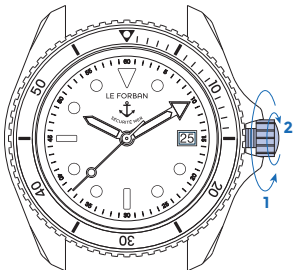
Never forget to **completely screw down
the crown** after setting the time or the date
in order to maintain the watch's water resistance.

Push the crown towards the case, then,
while maintaining pressure, screw it
in a clockwise direction

After any contact with salt water it is advisable
to rinse your watch in clear water
and dry it with a soft cloth.

*Our watches cannot replace professional
scuba diving measuring instruments.*

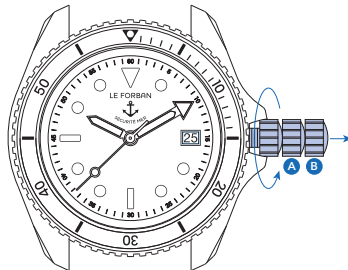
HAND-WINDING



Your watch is automatic and winds itself thanks to the movements of your wrist. However, it is sometimes necessary to wind it manually if you haven't used it for a while.

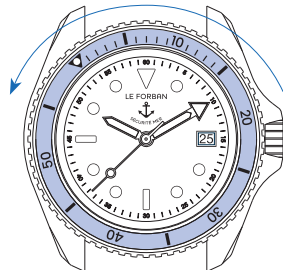
- 1 Fully unscrew the crown, turning anti-clockwise.
- 2 When the crown is fully unscrewed, turn it 20 to 30 times in a clockwise direction to wind the movement.

SETTING THE DATE AND THE TIME



- **To set the date**, unscrew the crown then pull it out one click to position **A**.
Turn the crown in a clockwise direction to set the date.
Avoid setting the date when the time is showing between 11:00 and 1:00, because it could damage the mechanism.
- **To set the time**, unscrew the crown then pull it out two clicks to position **B**.
Turn the crown to set the time.

ROTATING BEZEL



Your watch is fitted with an unidirectional diving bezel. It allows you to calculate the immersion time during scuba diving.

- The bezel is designed to only turn anti-clockwise.
- Place the mark (small triangle) on the departure time (to calculate a duration) or on arrival time (to respect a time).